

PARKVIEW VOICE

Parkview School District
November 2019

106 W. Church St. P.O.Box 250•Orfordville, WI 53576

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Cast members for *My Fair Lady* at rehearsal last week. The cast has been working hard to prepare to entertain you on November 8, 9 & 10



Rachel Hammes as Eliza and Nevin Crane as Henry Higgins as they rehearse for *My Fair Lady*.

My Fair Lady

“The musical, set in London in 1912, opens outside the Covent Garden opera house, where noted phonetics expert Henry Higgins is taking notes on the accents of those around him, especially the Cockney flower seller Eliza. He tells language expert Col. Hugh Pickering that, given enough time, he could teach Eliza to speak English well enough for her to be taken for a duchess.”

Parkview students will present their musical version of *My Fair Lady* on Friday, Saturday and Sunday, November 8, 9 and 10. The shows on Friday and Saturday are at 7 p.m. Sunday is a matinee performance at 2:00 p.m. The play will be presented on the stage in the Parkview Elementary School main gym. All seats are \$10. The play is directed by Laura Schuler along with Angela Hawbaker and Caitlin Xavier.



Trunk or Treat at PES was a huge success. Teachers Jamie Bell, Megan Lehl, Lisa Fahlgren, Jeannette Danielson & Ellen Everson had fun handing out candy (see more photos inside)

Parkview Staff Second to None

By Steve Lutzke, District Administrator

National Education week is celebrated November 18-21. In honor of all of the hardworking staff in the Parkview School District, I'd like to specifically recognize our outstanding staff.

First, we have a very supportive school family. In the short amount of time we have been back in school, we have had several staff members that have experienced loss and duress. I'm pleased, but not surprised, how our staff had come together as a group to support our school family!

Second, Parkview is blessed with a teaching staff that is intelligent, hardworking and patient. We have several big initiatives in progress and each requires additional time and effort. Initiatives like Illuminate, Google Classroom, Fundamental Five, SMART Notebook, Amplify and Social Emotional Learning require training and learning and are in addition to the ongoing daily responsibilities of the classroom and school.

Third, our instructional assistants are an invaluable support to our students and classroom teachers. These fine folks provide support to our neediest learners and allow the classroom teacher the opportunity to provide more support to the rest of the class.

Fourth, our Office staff are the central nervous system of each school. The experience of each student and visitor starts and ends with our office staff! I'm amazed at the personal attention these folks give to each of the 100s of customers that pass their desks each day.

Fifth, our pupil services staff work tirelessly to address the social, emotional and health needs of our students. Each morning brings with it a plethora of baggage from home. These individuals calmly support each one of our students.

Sixth, custodians and maintenance keep our schools safe, clean and comfortable. It is amazing that this team has been operating at less than full strength for over a year due to some unfilled vacancies.

Seventh, in addition to providing support and encouragement to our student readers, our LMC staff also support our technology needs. From fixing an iPad or Chromebook, to making recommendations for technology resources and Apps, this group is outstanding.

Eighth, our Food service dept. has a lot of new faces this year and with it a renewed sense of energy and enthusiasm. I've heard many students positively comment on the appearance and taste of the food.

Ninth, Parkview's IT specialist Jon does a great job addressing our technology needs in an efficient and calm manner!

Continued on page 2. column 1, bottom

Parkview Youth Center

By Teena Gerber

The Parkview Youth Center has opened its doors again to youth in 7-12th grades who are in the Parkview School District. We're open Thursdays at Orfordville Lutheran Church from 3-6 p.m. when school is in session. So far, we've made autumn door decorations for The Next Inning residents, painted fall scenes, made bird feeders, and played many games. The youth who attend are excited the center is open and ready!

We are in great need for volunteers. The center cannot operate and provide a safe space for the youth without adults who are willing to donate their time to either provide the light meal, bring an activity, or supervise the youth. Please consider what capacity you'd be able to assist us in meeting our goal. You can contact Teena Gerber at 608-

Continued from column 1

295-3345 with your questions or availability. Thank you!

Save the date and plan to attend the upcoming **Halloween Hot Dog Stand** on Thursday, October 31st from 5-7 p.m. in the Orfordville Lutheran Church parking lot. It's a great way to eat supper on the run during tricking or treating, support the youth center, and meet your neighbors. See you there!



Toy Story Holiday Party All Ages Event December 14, 2019 9:30 – 11:30 a.m. Orfordville Public Library

- ◆ Breakfast with Santa Claus
- ◆ Make and Take Alien Ornament and Forky Craft
- ◆ Toy Story Themed Games and Activities

Other Activities at your Library

Adult Coloring: Calm your mind! Release your inner child!

1:00 – 3:00 p.m. Thursday, November 21

Teen Tuesdays

3:15 p.m. to 5:15 p.m.

Gather at the library, relax, do homework, play games, use the computers, use the WIFI and enjoy a snack. This is a time set aside for anyone in 6th to 12th grade. Join in on the fun @ your Orfordville Library.

Book to Movie: The Great Gatsby

6:00 – 8:30 p.m. Thursday, November 14

Enjoy an evening of movie watching and book discussing. Refreshments provided. Anyone who has read the book can attend.

Women's Book Club – The Child by Fiona Barton

6:30 – 7:30 p.m. Thursday, November 21

Footville Church Of Christ

Join in on the fun discussion each month

Parkview FFA Annual Fruit Sale

The Parkview FFA Chapter is offering a wide variety of fruit, cheese and meats again this year as a fundraiser. If you haven't ordered from Parkview FFA before, the sale consists of apples, oranges, pears, grapefruits, clementines, pineapples, and dried cranberries. These fruit orders come in half and full cases. There is a wide range of choices for mixed fruit orders. Along with the fruit there are beef sticks, cheeses, and cheese spreads (only available in full orders). Prices and other details will be on order forms

Dates

October 21th – November 15th

Order forms available from any FFA member

Delivery

Second week of December

WANT TO ORDER?

Mr. Sattler, FFA Advisor/High School Ag. Teacher:

608-879-2994 Ext. 5204 or tsattler@email.parkview.k12.wi.us



Continued from page 1

Tenth, our District staff and registrar are consummate professionals and efficiently and effectively address all of our district level needs.

Eleventh, our PR Specialist Kathy is always present to snap a photo to record the learning experiences of our students. Kathy does a great job getting the word out about the wonderful experiences going on in our schools.

Lastly, Parkview's principals and administrators are committed to providing support, assistance and encouragement to the eleven groups listed above. Additionally, each of these individuals is constantly on the move supporting, assisting and encouraging students, staff and parents. Having the opportunity to regularly collaborate with these individuals I see their unwavering commitment to assisting each employee, student and parent.

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I have worked in several other schools in multiple states and have been blessed with outstanding co-workers in each location.

Having said that, the 2019-20 Parkview staff is definitely a cut above all the others.

National Education Week is November 18 –21

In Need of Assistance?

If you are having difficulty purchasing back-to-school items for your child, please contact PES, there is a Kids Care Closet that has school supplies, toiletries, clothing and other items. For JR/SR high students contact the office at the JR/SR high, there is also a care closet at that school. If you are having difficulty feeding your family check the CUP food pantry located at the Orfordville Lutheran Church, it is open from 9 – 11 on Thursdays. It serves people living in the Parkview School District and is operated by local churches.

Alumni News

We are looking for news from Parkview Alumni, please update us on your education, employment or anything else you would like to share by emailing kheider@email.parkview.k12.wi.us

Like us on Facebook to see more photos



Parkview Voice is also on the Parkview School District website. It is located on the Quick Links on the left side of the website. The photos on the website version of the Voice are in color.

The Parkview Voice is published monthly except for the month of July by the Parkview School District. It is mailed to all residents and taxpayers in the Parkview School District.

You may contact us by emailing:
kheider@email.parkview.k12.wi.us

Student of the Month

October

October Students were nominated by members of the English Department

7th Grade: Michael Sanders

Even while participating in an after school sport, Michael is a straight A student who excels in reading and math. He consistently comes to class prepared, does thorough work, and listens attentively. He is always in a pleasant mood, he gets along well with others, and he has proven to be a good resource for his classmates when they need help. Michael is an all-round great kid whom we are happy to have at Parkview. Keep up the good work, Michael!

8th Grade: Owen Collins

Owen was chosen for student of the month for his outstanding English Language Arts skills. He is one of the most creative and skilled writers we've seen in junior high. He describes his settings, characters, and events so well, the reader can easily picture what is going on. Owen's extensive vocabulary allows him to choose just the right words when creating his vivid imagery, and his writing rarely includes conventional errors. He also interacts positively with his classmates and excels in presenting in front of the class, often taking a leadership role in group projects. It is always exciting to see what he'll come up with next! Keep up the good work, Owen!

9th Grade: Katelynn Weeks

It is with pleasure that I am recommending Katelynn Weeks for Student of the Month. Katelynn is a joy to have in class. She always has a smile on her face, and I can always count on her to contribute to class discussions. She is a true leader among her peers, and one of the happiest students I have ever had. Her grades are outstanding and the fact that she maintains these grades while playing year-round hockey shows her work ethic. It may be cliché to say, but if I had a class full of Katelynn Weeks, my job as a teacher would be easy. She possesses every quality that makes up a well-rounded student/athlete/person, and I recommend her, without reservation, for this award.

10th Grade: Xylie Teeman

I am nominating Xylie Teeman for the sophomore Student of the Month for the following reasons:

- She has exhibited endless amounts of patience and kindness towards her fellow students.
- She participates effectively.
- She really engages in the content.

11th grade: Abbigayle Butzler

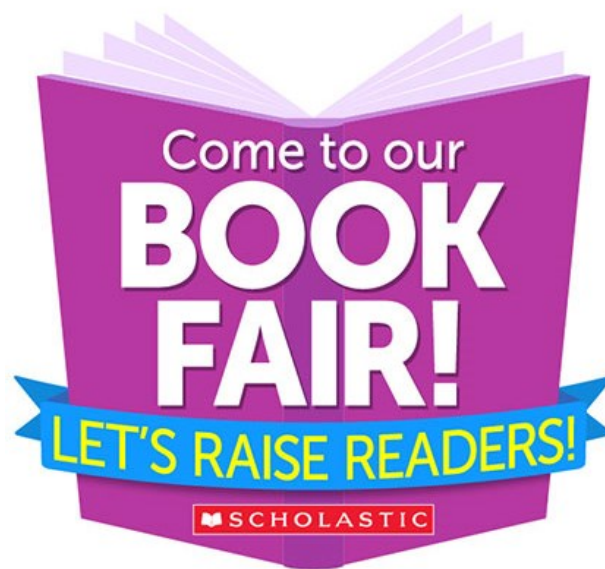
Abbi Butzler has been nominated for student of the month because she sets a phenomenal example for her peers both scholastically and personally. Abby is a leader on her softball team and she works diligently to remain at the top of her class academically. She is the type of student every teacher would like to have in class. She participates daily and takes

Student of the Month, continued

pride in her work. Abbi is more than deserving of any award we can give her. Great work, Abbi.

12th Grade: Hannah Pautsch

Hannah (Indie) Pautsch has been nominated for student of the month for her continued willingness to voluntarily take on more responsibility in her classes. In yearbook, Indie has been instrumental in teaching newer staff how to upload photos and complete other tasks, as well as taken the initiative in creating needed documents for yearbook. In creative writing, she has exhibited her passion for writing and has always been happy to share her work and serve as an audience for others. Indie has been a consistent and reliable student who serves as a good example to others in her classes. The English Department would like to recognize her for her dedication. Thank you, Indie!



Holiday Assistance Program

The Parkview School District, in collaboration with other area community resources, will be assisting families in the Parkview School District who are in financial need during the holiday season. This Holiday Assistance Program is designed to provide families who are struggling, with items they may need for the holiday season such as food, clothing, toiletries, and gifts for their children.

If you would like to help with this project, please contact Tina Juarez at 879-2956 or by email at tjuarez@email.parkview.k12.wi.us to get some ideas of items that are needed. You can help by participating in the following ways:

- Donation of money, wrapping paper, labels, and scotch tape
- Purchasing and donating gifts, clothing, toiletries, and food

If you are a Parkview family who is experiencing financial difficulties and would like to be considered for assistance, you will need to fill out a questionnaire. These will be sent home with all of our students, but you can also pick one up at your child's school. Once you fill out the questionnaire, return it in a sealed envelope with Mrs. Babcock's name on it. We ask that these be returned by November 15th.

Movie Night

The PTO is holding a Movie Night on Friday, November 15. The doors open at 6:00 p.m. and the movie starts at 6:30 p.m. Kids are invited to come in their pjs and bring sleeping bags to watch the movie.

The Book Fair is Coming

The book fair takes place November 6 – 11. It will be open at both PES and the JR/SR High during conferences on November 7 and November 11, from 4 – 7:15 p.m. The book fair will be open on school days from 8 a.m. to 3 p.m. at the JR/SR High and from 8:30 a.m. to 2 p.m. at PES. It will be open during Grandparents Day at PES and students will have an opportunity to visit the book fair with their grandparents.

The online store is open from November 1 – 14 by going to the book fair link under each school's LMC page. Go to Schools on the Parkview School District website, then LMC and on the left hand column of quick links you will find book fair.



Hidden In Plain Site

IS A PROGRAM DESIGNED

To help parents of teens and other adults that work with young people to recognize unfamiliar hazards of substance abuse that are often in plain sight.

With more than 30 items included in this interactive exhibit, Youth2Youth 4 Change has simulated a teenager's bedroom to explain areas of concern.

A Traveling Exhibit and Program

Can you spot the Hidden Dangers of Addiction?

This is an Adults Only Demonstration

Coming to Parkview JR/SR High Conferences November 11, 4– 7:30 p.m.



Counselor Corner

with Lisa Kempthorne

Daughters of the American Revolution (DAR)



The DAR Good Citizen Award and Scholarship Contest is intended to encourage and reward qualities of good citizenship. The award recognizes one senior annually, who possess qualities of leadership, service, character and integrity.

The Parkview staff and administration are both proud and honored to announce Caden Lawrence as our 2019-2020 DAR recipient. Caden was chosen by staff and his classmates.

An exemplary student at Parkview, Caden was inducted into the National Honor Society and has earned a consistent 3.9 GPA throughout his high school years. Beyond academics, Caden is involved in Future Farmers of America (FFA), has held part time employment, enjoys playing the guitar and has been a four-year member of the Parkview track team.

Caden has a passion for exploring new experiences that will allow him to learn and grow. Enrolling in elective courses at Parkview, participating in a variety of sports and volunteer experiences in the community help fulfill this need to explore.

Caden plans to attend UW-Madison in the fall and focus on studies related to agriculture and business. 'I am excited for what the future holds for me.'

Caden would like to thank his parents, Brian and Lisa for their ongoing support and encouragement, always believing in him and his ability to be successful in all of his endeavors.

On February 13th, Caden will be accompanied by his parents and a chosen staff member to be honored at the local DAR reception held at the Rasey House in Beloit.

Bully Free Zone

Our fourth annual campaign to support a bully free school environment was held the week of October 21.

The week included a wear orange door prize drawing, classroom activities, and daily announcements reminding all of us the importance of acceptance, kindness and respect to everyone, every day.

Continued in next column



Greta Zimney and Evan Noble, winners of the door prizes at the JR/SR High for wearing orange on Unity Day

October 23 was United Day. Those wearing Orange were provided with a raffle ticket for two door prizes provided by the National Guard and Cousin Subs. Evan Noble and Greta Zimney were our two winners.

We are proud of all of our Vikings and their commitment to a Bully Free Zone!

Unity Day Door Prize Winners at PES

PES winners for Unity Day for wearing orange are listed below. All students and staff who were wearing orange on Unity Day had their names go in a drawing.

Staff winners: Laura Schuler, Nikki Lutzke and Rylee Covert

4K: Luke Mullin

Kindergarten: Tinlee Huffman

1st: JD

2nd: Fletcher Daun

3rd: Grant McDermott

4th: Dellah Hall

5th: Ryker Buster

6th: Ayla Myhre

Congratulations to all the winners.

PTO News

Our MOD Pizza fundraiser will be taking place Sunday, November 10th. Stop in anytime between 10:30 a.m. and 9:30 p.m., mention Parkview PTO and they'll donate 20% of your bill to PTO. (MOD Pizza serves individual size artisan pizzas "superfast") For some extra fun we are going head to head with Kenney Elementary School, if we can raise more money MOD will donate an extra 10% to our organization.

Grandparents Day

The Parkview PTO is sponsoring a grandparent's day on November 8. Each grade level will spend 40-45 minutes with their grandparent or special people. They'll have refreshments and do a craft in the cafeteria, and then they will have time to shop the book fair together. According to the PTO they had a lot of rave reviews of the event last year. "Of course it was great to see the kids with their grandparents but it was almost as fun to see the groups of grandparents' in the cafeteria as they waited for their next grandkid to come down. It really just exemplifies the roots people have in this community, it is so special."



PES Staff members wearing orange for Unity Day: front Jeannette Danielson, second row, L-R: Rebecca Soldner, Ellen Everson, Connie Sturkey, Lisa Whitehead, Emilee Purcell, Heather Urven Back row, L-R: Lisa Fahlgren, Karen Strandt Conroy, Jessica Seibert, Kim Hookham, Ashley Case, Josh Bauling, Nikki Lutzke, Carrie Nath, Vicki Neal, Robin Nelson, Mary Jo Lavery, Dorinda White, Colleen Cox, Rylee Covert, Laura Schuler, Todd Greco, Lesli Nelson Richter, Meghan Lehl, Jen Bowers.



Louis Nath & Gracin Speich planting marigold seeds



Makenna Phillips & Olivia Huber eating apples

Kindergarteners Release Monarchs



Ag in the Classroom

By Tjark Sattler, Ag Education instructor

On Friday, October 18, the third, fifth, and sixth grade students experienced Ag on the Hill, which is Parkview FFA's version of Ag in the Classroom. FFA members taught roughly 170 students about different aspects of agriculture, including dairy products, tractors/engines, seed planting, apples, cranberries, soil, corn and soy bean production, and FFA. Each station was organized and taught by the FFA Members! Thank you to the elementary teachers for taking time out their busy schedule to allow their students to participate!

National FFA Convention

By Tjark Sattler, Ag Education instructor and FFA advisor

National FFA Convention is being held October 29-November 2 in Indianapolis, IN. FFA Members attending from Parkview are Cassandra Clint, Rachel Hammes, Riley Klitzman, Bridgett Neal, Luke Schwengels, Anthony Terrones, and Gabby Zomok. Along with nearly 70,000 FFA members from around the country, FFA member will have the opportunity to experience one of the country's largest career fairs, tours of leading agriculture companies, and hear from motivational speakers. Parkview members will be touring an Equine Training Facility, touring a pumpkin operation, and touring Apache Sprayers. To attend, members had to complete an application, and partake in a professional interview.



Sanouhan Coulibaly wearing her orange shirt for Unity Day

Special Board of Education Meeting

October 2, 2019, 6:30 p.m.

MEMBERS PRESENT: Don Bomkamp, Clay Hammes, Zach Knutson, Jennie Krajeck, Dianne Myhre, Tina Suiter-Meyers

MEMBERS ABSENT: Chuck Hagmann arrived at 6:38 P.M.

OTHERS PRESENT: Dr. Steve Lutzke, Mary Stelter, Karen Strandt-Conroy, Todd Greco, Jen Bowers, Tracy Case, Jeff Lund, Guest Speaker - Steve Zach

1. MEETING CALLED TO ORDER – Clay Hammes - President

1.1. Approval of Agenda: Motion by Dianne Myhre, 2nd by Tina Suiter-Meyers to: Approve the Agenda. All in favor voted "Aye", none opposed, Motion Carried 6-0.

2. CONSENT ITEMS

2.1 Approve Recommendation of PES Custodian: Christian Havron was the candidate of choice. Motion by Don Bomkamp, 2nd by Zach Knutson to: Approve the Consent Item. All in favor voted "Aye", none opposed, Motion Carried 6-0.

3. CLOSED SESSION

The School Board will adjourn into closed session pursuant to Wisconsin State Statutes 19.85(1)(c) for the purpose of considering employment, promotion, performance evaluation data of any public employee over which the governmental body has jurisdiction and 19.85(1)(f) for the purpose of approving previous closed session minutes. Motion by Tina Suiter-Meyers, 2nd by Jennie Krajeck to: Adjourn into Closed Session. A Roll Call vote was called. Tina Suiter-Meyers - Yes, Jennie Krajeck - Yes, Zach Knutson - Yes, Don Bomkamp - Yes, Dianne Myhre - Yes, Clay Hammes - Yes. Motion Carried 6-0. Meeting Adjourned into Closed Session at 6:33 p.m. Mr. Steve Zach addressed the Board with his summary and evaluation of the recent Staff Climate Survey that he conducted among Parkview Staff members. He will prepare a written summary for presentation to the Staff, and deliver it verbally at an all staff meeting in early November.

The Admin Team left the Meeting at 7:52 P.M.

The Board continued the discussion with Mr. Zach. His formal report will give more details.

4. THE BOARD WILL RECONVENE INTO OPEN SESSION AND VOTE, IF NECESSARY, ON ANY ITEMS DISCUSSED IN CLOSED SESSION NOT REQUIRED.

5. ADJOURNMENT: Motion by Don Bomkamp, 2nd by Chuck Hagmann to: Adjourn the Meeting at 8:25pm. All in favor voted "Aye", none opposed, Motion Carried 6-0.

Respectfully submitted by
Chuck Hagmann - Board of Education Clerk

Each fall kindergarten teachers Jeannette Danielson, Megan Lehl and Jamie Bell bring monarch caterpillars into their classrooms so the students can watch them eat, grow, turn into chrysalises and hatch into beautiful butterflies. Here are some photos of the chrysalises and the butterflies when they released them. Thank you to the teachers for sharing the photos with us. Hopefully the monarchs made it to Mexico for the winter.



Trunk or treat had a record number of “trunks” this year. It was hard to tell who had more fun dressing up, the kids or some of the adults who decorated their trunks to hand out candy. There were games to play and music to dance to inside the school along with food to purchase, raffle drawing and other activities for the kids to enjoy.



Junior high student council members went to The Next Inning (the local assisted living home) and helped the residents paint pumpkins last week.

Junior High Student Council Members Visit The Next Inning

Parkview Junior High Student council members went to The Next Inning, the assisted living home in Orfordville last week to help the residents decorate pumpkins for Halloween. The student council provided the pumpkins and paints and help if needed. The student council members also decorated some pumpkins to leave for the residents to enjoy. Student council members are: Natalie Abey, Omyra Bennett, Sydney Brown, Adaline Converse, Dasia Dixon, Kelsey Kreyer, Tori Marian and Megan Ritter.

The student council members usually visit The Next Inning several times a year to do crafts and other activities with the residents. Jamie McSherry is the student council advisor.



The Junior High had a costume party and dance last Friday night

Social Emotional Learning (SEL)

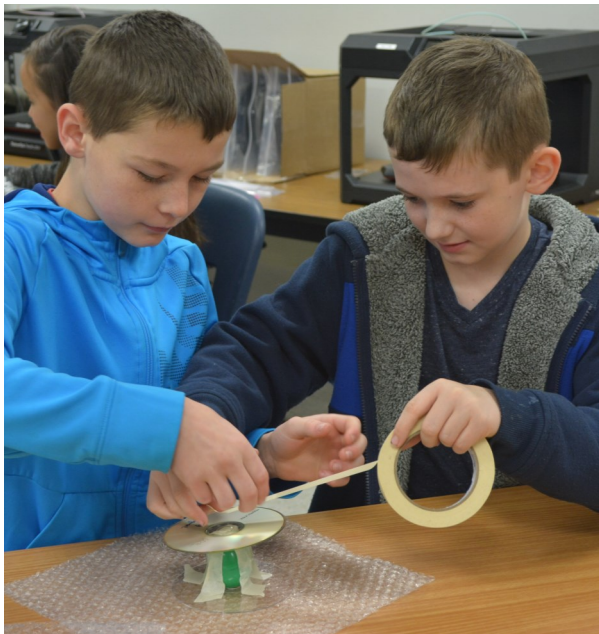
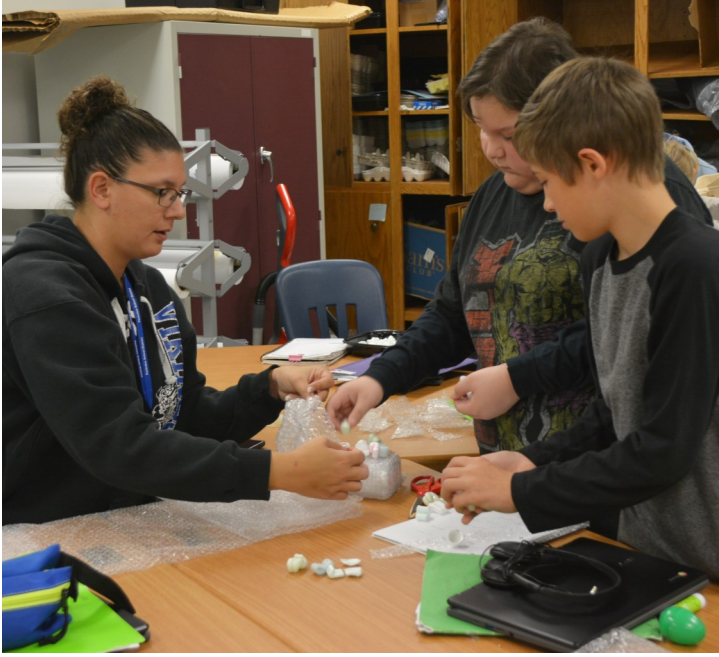


SEL (Social Emotional Learning) is taking place at Parkview this year, as you read in last month's Voice. At PES teachers are incorporating it into their daily lessons. Additionally, all K-6 students have been divided into families made up of students from all grade levels. There are two staff members per family as well, but not the same teachers as any of the students have in their classroom. These families will gather for a few hours on all early release Fridays.

The first day the families learned about what they will be doing on early release Fridays and each family designed a family shield. Each student added something to the shield. Students also named their families. The students then attended an assembly in the gym where they presented their shields to the rest of the students. Each family chose a few members to present their shield and explain how they decided what to name their family.

The photos show some of the families working on their shield or the family groups.

The Egg Drop



Students in grades 4 – 6 are working towards their quarterly science initiatives. On Friday, November 1 they will be doing an egg ship drop in the auxiliary gym at PES. Students worked in the Lightbulb Lab (makerspace lab) to create a container to put a real, raw egg in that they think will keep the egg from breaking when dropped from the wrestling deck above the gym floor. Fourth grade students all worked in pairs, fifth grade students could either work in pairs or alone and sixth grade students worked alone unless they requested to work with a partner. The requirement was that the container could not be modified the day of the drop except to seal the opening with a piece of tape. They must just insert the egg and drop it.

Students used plastic eggs while creating their structure to have a realistic model for size. Students were allowed to use almost any material that was available in the lab to create their structure. If any eggs survive the drop they will find a higher structure to drop them from.



On Tuesday, October 29 the JR/SR High held a “pink out” to raise money for Breast Cancer Awareness and Research. This was sponsored by the Student Council. The photo is of staff members who wore pink. Front, L-R: Beth McClain, Mary Crane, Rachel Grenawalt, Jamie McSherry, Ann Logterman, Sommer McMahon, & Kelli Lewis. Back, L-R: Cindy Roth, Hillary Best, Kathy Wille, Susie Breneman, Bob Alexander, Lindsey Bunts, Sara Carothers, Lisa Kempthorne, Kathy Janowiak, Guy Stricker, Sarah Moran, Amber Achterberg, Gary Lewis & Teri Peterson



Senior football players Zach Unseth (9) Nevin Crane (23) Maverick Kundert (7) and Calvin Barlass (2) at their last game of their high school careers, a winning effort against Living Word Lutheran. (Photo credit Sean Donagan).



Boys Cross Country team with their trophy, first place, Trailways Conference for the second year in a row. Front Row: L-R: Grant McMahon, Max Wolfram, Anthony Terrones
2nd Row: L-R: Kolton Smith, Avery Crane, Ben Jackson, Connor Simonson, Zander Wilson, Rusty Klitzman
Back: Coach Shane Suehring

Congratulations also to the Parkview-Albany JV Football team who finished the season with a 5 win, 1 loss season.



On October 4 a tree was planted in memory of long time educational aide Linda Kettle who tragically passed away in an auto accident in late August. JR/SR High principal Mary Stelter gave a dedication as students, staff and many members of Linda's family looked on. Linda's ever ready smile and friendly greeting are deeply missed. This tree will serve as a reminder of her beautiful spirit for generations of Parkview students and fami-

Parkview Pizazz held their Fall Preview Show on Saturday, October 26. Several soloist performed and the entire group did two songs from their program for the 2020 season. Pizazz will be hosting the third annual XTRAVAGANZA on Saturday, January 4, 2020. Watch for a sign-up to help with this event. There a record number of groups entered this year!



Pauline Heffel is the new PES LMC aide. Pauline is originally from Royal Oak, MN and graduated from Rochester College. She worked as a sub at Parkview from 2008 – 2012. Pauline is married to Mark and has three children, Lauren, Rachel and Jacob. The family has two dogs, Sam & Roxie. Pauline likes hanging out with her family and friends, movies, reading camping, and traveling. She also loves the Packers!



August 19, 2019 School Board Minutes

MEMBERS PRESENT: Clay Hammes, Zach Knutson, Jennie Krajeck, Dianne Myhre, Charles (Chuck) Hagmann arrived at 6:31 P.M.

MEMBERS ABSENT: Don Bomkamp, Tina Suiter-Meyers

OTHERS PRESENT: Dr. Steve Lutzke, Principals: Mary Stelter, Karen Strandt-Conroy; Todd Greco, Jen Bowers, Tracy Case, Jeff Lund, Teacher: Angela Hawbaker

1. MEETING CALLED TO ORDER – Clay Hammes - President

1.1. Approval of Agenda: **Motion** by Dianne Myhre, 2nd by Jennie Krajeck to: Approve the Agenda. All in favor voted “Aye”, none opposed, **Motion Carried 4-0.**

2. AUDIENCE PARTICIPATION

Audience participation shall be in accordance with School Board Policy #187 - Public Participation at Board Meetings. (Policy is available at meetings.)

Citizens who wish to address the Board or present on any matter of school district concern shall make a written request to the Superintendent a minimum of 72 hours prior to the meeting. The Board may, by majority vote, give citizens who have not presented a written request, an opportunity to present concerns to the Board. The Board may ask questions for necessary clarification, however, generally will not discuss nor act on any item not already on the agenda and included in the public notice of the meeting.

2.1. Audience Comments: No one signed up to address the Board.

2.2. Board Response to Comments: No response was required from the Board.

3. CONSENT ITEMS

3.1 Approve Vouchers Payable

3.2 Approve Recommendation of Art Teacher at PJH/PHS: Sarah Moran

3.3 Approve Recommendation of Coaches for Winter – 2019-2020 School Year:

H.S. Girls Basketball - H.C. Chad Smith; JV1 - TBD; JV2 - McKenzie Saglie; Jr. H.S.

(8th Grade) John Abrahamson H.S. Boys Basketball H.C. Mike Striegl; JV1 - Don

Wendt; JV2 - Dave Wiemiller; Jr. H.S. (8th Grade) John Abrahamson.

Wrestling - H.C. Joel Steinman; Josh Bauling Assistant Coach; Jr. H.S. Joel Schullo.

3.4 Approve Recommendation of Weight-Room Supervisor: Gavon Brown- Weekdays

3.5 Approve Recommendation of Kindergarten Aide at PES: Mary Blazier

3.6 Approve Recommendation of LMC Aide at PES: Pauline Heffel

3.7 Approve Recommendation of Special Ed Aide at PJH/PHS: Bethany Cudney

3.8 Approve Recommendation of Custodian at PJH/PHS: Timothy Allen

3.9 Approve Request for Approval of Proposed Fundraising Activity – PJH/PHS

3.10 Approve Donation of \$2,000 for Robotics Class at PJH/PHS – Knutson Family Foundation

3.11 Approve Donation of \$151.20 for Student Meal Accounts – McDermott Automotive

3.12 Approve Donation of \$156.80 for Student Meal Accounts – McDermott Automotive

3.13 Approve Donation of \$300.00 for Student Snack Milk – United Methodist Church

3.14 Approve Donation of \$100.00 For Student Meal Accounts – Karl & Debra Stuvengen

3.15 Approve Donation of School Supplies to PES and PJH/PHS – Rock Energy Cooperative

4. APPROVE MINUTES: Board members reviewed the 8-16-2019 Regular Board Meeting Minutes. **Motion** by Dianne Myhre, 2nd by Jennie Krajeck to: Approve the 8-16-2019 Regular Board Meeting Minutes as submitted. All in favor voted “Aye”, none opposed, **Motion Carried 5-0.**

5. SCHOOL BOARD COMMITTEE REPORTS

5.1 Policy Committee Report – Second/Reading/Approval of Reviewed/Revised Policies

5.1.1. 342 - Special Education Program

5.1.2. 342.11 - Independent Education Evaluation Policy

5.1.3. 342.11-Rule - Procedure to Obtain an IEE at Public Expense

5.1.4. 342.4 - Children At-Risk Plan

5.1.5. 342.51 - Title I Comparability

5.1.6. 763 - Food Service Automated System Policy

5.1.7. 834 - Domestic Pets on School Premises

5.1.8. 835 - Service Animals

5.1.9. 840 - Public Gifts to the Schools

5.1.10. 841 - Naming School District Facilities

5.1.11. 850 - Public Solicitations - Advertising in the Schools

5.1.12. 850-Rule - Distribution of Written Materials by Non-Students

5.1.13. 851-Rule - Advertising and Commercial Activities

5.1.14. 860 - Visitors to the Schools

Motion by Jennie Krajeck, 2nd by Dianne Myhre to: Approve the Second Reading of Reviewed/Revised Policies. All in favor voted “Aye”, none opposed, **Motion Carried 5-0.**

5.2 Policy Committee Report – First Reading of Reviewed/Revised Policies

5.2.1. 860 – No Trespassing on District Property

5.2.2. 870 – Public Complaints

5.2.3. 870-Rule – Complaint Procedures

5.2.4. 881 – Relations with Parent Organizations

5.2.5. 881.2-Rule – Booster-Parent Organization Guidelines

5.2.6. 882 – School/Family Activity Planning

5.2.7. 882-Rule – Guidelines for Scheduling Activities on Wednesdays.

No Action Required for a First Reading.

5.3 Enrollment Committee Report: Dr. Lutzke provided a review of the 9-10-2019 Enrollment Committee Mtg. Minutes. The Committee discussed: Plans for infographic brochures; Boosting social media posts; Possible free admission for Senior Citizens to the annual musical. See the Committee Mtg. Minutes.

5.4 Curriculum Committee Report: Jen Bowers provided a review of the 9-11-2019 Curriculum Committee Mtg. Minutes. The Committee discussed: Removal of the “WorkKeys” assessment for 11th grade students - no longer required by the State; Teaching & Learning scorecards. See the Committee Mtg. Minutes.

6. SET DATE AND TIME FOR NEXT BOARD OF EDUCATION MEETING: The 2019 Annual Budget Meeting: Is scheduled for 10-21-2019 at 6:00 P.M. in the PES LMC. The Regular Board Meeting for the Month of October, will follow the Annual Budget Meeting.

A Special Board Meeting is scheduled for 10-2-2019 at 6:30 P.M. in the PES LMC.

6.1 Set Date and Time for Committee Meetings:

Committee Meetings are held in the District Office Conference Room unless noted otherwise.

Finance Committee: 9/18/2019 at 5:30 P.M.

Enrollment Committee: 10/07/2019 at 6:30 P.M.

Policy Committee: 10/16/2019 at 5:30 P.M.

7. ATHLETIC DIRECTOR’S REPORT: Shane Suehring was unable to attend this Meeting, but provided a written report covering a good start for the Spirit Squad, Cross Country Team, Football program, and Volleyball Team. Plans are being discussed for Boys and Girls Basketball Teams, and Wrestling Teams. Proposed new rules for Football, Cross Country, and Volleyball were discussed. See his report.

8. DIRECTOR OF PUPIL SERVICES REPORT: Todd Greco provided a written report, and highlighted the following items: Now working with State Line Counselor Sarah Peterson; Staff reporting a “good start” to the new year; SEL (Social Emotional Learning) Team had a lesson plan for the first day of school which involved showing clips from the movie ‘Inside Out’ that went very well. See his report.

9. DIRECTOR OF CURRICULUM, INSTRUCTION & ASSESSMENT REPORT: Jen Bowers provided a written report that highlighted:

1). Representatives from ‘Illuminate Education’ came to Parkview to provide staff training in this resource;

2). Representatives from ‘Amplify CKLA (Core Knowledge Language Arts) and Amplify ELA (English Language Arts) came to Parkview to provide staff training in this resource;

3). ELA Staff members are using Amplify to enhance their instructional resources. See her report.

10. PRINCIPALS’ REPORTS:

PES

Principal Karen Strandt-Conroy provided a written report and highlighted the following items:

1). PES 5K teachers are “loving” their new teacher aide support;

2). There have been lots of in-service training sessions going on;

3). Amplify Reading Program and Illuminate Assessment suite are working well together to integrate the 1st thru 5th grades with new iPad and Chromebook technology resources;

4). Zach Knutson shared in a recent MakerSpace demonstration at PES;

5). Overall good start to the new school year. Kindergarten sizes started at 24-23-20, and have been adjusted to 22-20-22. See her report.

PHS Principal Mary Stelter provided a written report and highlighted the following items:

1). Lots of Staff in-service training going on;

2). Eric Larsen from CESA6 came to Parkview for Professional Development training with the PLCs (Professional Learning Communities). We have built Common Planning Time into the Master Schedule;

3). Parkview’s ACT scores placed 3rd highest out of 11 area schools. An article in the Beloit Daily Newspaper showed the ACT rankings.

4). New Staff members are getting connected and excited about their first year here. See her report.

10.1 Discuss/Action on Show Choir Program Cooperative with Albany School District: Mary Stelter and Dr. Lutzke provided an overview of a proposal to allow Albany students to join Parkview students in the Parkview Show Choir program. Albany District Administrator Bill Trow says there are ten girls from Albany that are interested. A possible Show Choir Program Cooperative agreement was reviewed. **Motion** by Jennie Krajeck, 2nd by Zach Knutson to: Approve the Show Choir Program Cooperative with Albany School District as Submitted. All in favor voted “Aye”, none opposed, **Motion Carried 5-0.**

10.2 Discuss/Action on Request for Selected High School Students to Attend Winona State University Honors Band Event (Minnesota) – November 1-2, 2019: Mary Stelter led a discussion with Event background and input from Band Teacher Angela Hawbaker. The proposal is for 4-6 band students (grades 10-12) to attend and perform in the Winona State University Honors Band Event 11/1 & 11/2 2019. Transportation, meals and chaperones will be provided for the event. Discussion followed. **Motion** by Dianne Myhre, 2nd by Chuck Hagmann to: Approve the Request for Selected High School Students to Attend Winona State University Honors Band Event (Minnesota) – November 1-2, 2019. All in favor voted “Aye”, none opposed, **Motion Carried 5-0.**

11. DIRECTOR OF BUILDINGS & GROUNDS REPORT: Jeff Lund provided a written report and commented that the scheduled start of construction around PES for drainage issues has been rain delayed. Jennie Krajeck inquired about some Grounds Maintenance procedures (i.e. sidewalk/grass trimming, edging), and Jeff responded that his staff does these tasks as often as they are able before Public events. See his report.

12. BUSINESS MANAGER’S REPORT: Tracy Case provided a written report and with no report questions, deferred to the Action Items below. See her report. Note: cat aid increase refers to the per pupil categorical aid amount provided by the State.

12.1 Discuss/Action on Final June 2019 Financial Statement: Tracy provided an overview of the audit results for the 2018-2019 school year as finalized in the June 2019 Financial statement. Some discussion followed. **Motion** by Diane Myhre, 2nd by Chuck Hagmann to: Accept the Final June 2019 Financial Statement. All in favor voted “Aye”, none opposed, **Motion Carried 5-0.**

12.2 Update on 2019-20 Budget: Tracy clarified that several factors contributed to the adjusted figures (i.e. increased student aid amounts for higher student count). Non Action Item. To be covered at the October 21, 2019 Annual Meeting.

12.3 Discuss/Action on August 2019 Financial Statement: Tracy presented the Monthly Financial statement for period ending 8-31-2019. She reviewed several Fund Balance amounts that have changed, and how DPI has revised where some balances can be moved for more financial accountability. **Motion** by Zach Knutson, 2nd by Jennie Krajeck to: Approve the August 2019 Financial Statement for period ending 8-31-2019. All in favor voted “Aye”, none opposed, **Motion Carried 5-0**

13. DISTRICT ADMINISTRATOR’S REPORT:

Dr. Lutzke provided a written report, and commented on the following items:

1). The District sold off some older iPads, Chromebook, and Smart Boards for a financial recovery to the district of \$37,750.00. He offered his thanks to Anne Buehl, Kris Cooper, Kim Johnson, MaryJo Lavery, Nikki Lutzke, Tina Slove, and Jon Unger for their assistance in the sale of these items.

2). He offered his thanks to Joel Schullo and Jamie McSherry (who are the Teacher’s Union Representatives) for their efforts in having the 2019-2020 teacher contract approved by the Parkview Teaching Staff in a very timely fashion.

3). Discussion followed over the recent Staff Survey/Interview results.

14. ADJOURNMENT: Motion by Dianne Myhre, 2nd by Chuck Hagmann to: Adjourn the Meeting. All in favor voted “Aye”, none opposed, **Motion Carried 5-0. Meeting Adjourned at 7:45 P.M.**

Respectfully submitted by,
Charles Hagmann
Board of Education Clerk

November Calendar

November 1

Early Release, students dismissed @ 12:45 p.m.

November 4

High School Boys Basketball Preseason Parent meeting, JR/SR High Commons, 5:30 – 6:30 p.m.

November 7

Parent/Teacher Conferences, 4 – 7:30 p.m.

November 8

PES Grandparents Day
My Fair Lady (High School Musical) PES main gym, 7:00 p.m.

November 9

My Fair Lady (High School Musical) PES main gym, 7:00 p.m.

November 10

My Fair Lady (High School Musical) PES main gym, 2:00 p.m.
PTO Mod Pizza Fund raiser

November 11

Veterans Day Program, JR/SR High gym, 10:30 a.m.
Parent/Teacher Conferences, 4 – 7:30 p.m.

November 12

7th Grade Boys Basketball @ Turner, 4:00 p.m.
8th Grade Boys Basketball vs. Turner @ PES, main gym, 4:00 p.m.
PTO Meeting, PES LMC, 4:30 p.m.

November 13

Trailways Conference Sportsmanship Summit

November 14

7th Grade Boys Basketball @ Clinton, 4:00 p.m.
8th Grade Boys Basketball vs. Clinton, PES main gym, 4:00 p.m.
NHS Induction, JR/SR High Commons, 6:00 p.m.

November 15

Girls JV Basketball scrimmage at New Glarus, 5:00 p.m.

Girls Varsity Basketball scrimmage at New Glarus, 5:00 p.m.

PTO Movie Night, PES, 6 – 8:00 p.m.

November 18

School Board Meeting, PES LMC, 6:30 p.m.

November 19

Scoopie Night, Court Street Culvers, 4 – 8 p.m.

7th Grade Boys Basketball vs. Brodhead @ PES main gym, 4:00 p.m.

8th Grade Boys Basketball @ Brodhead, 4:00 p.m.

Girls JV Basketball game vs. Waterloo, JR/SR High main court, 6:00 p.m.

Girls Varsity Basketball game vs. Waterloo, JR/SR High main court, 7:15 p.m.

November 21

1st & 2nd Grade Music Program & Art Show, PES gym, 2 & 6:30 p.m.

7th Grade Boys Basketball vs. JC McKenna @ PES Main gym, 4:00 p.m.

8th Grade Boys Basketball vs. JC McKenna (@TRIS) 4:00 p.m.

November 22

Boys JV Basketball scrimmage @ Parkview, 5:00 p.m.

Boys Varsity Basketball scrimmage @ Parkview, 5:00 p.m.

Girls JV Basketball @ Albany, 6:00 p.m.

Girls Varsity Basketball @ Albany, 7:30 p.m.

November 25

No School

November 26

No School
7th Grade Boys Basketball @ Edgerton, 4:00 p.m.

8th Grade Boys Basketball vs. Edgerton, PES main gym, 4:00 p.m.

Boys JV2 Basketball vs. Monticello, court 3, 6:00 p.m.

Boys JV Basketball vs. Monticello, main court, 6:00 p.m.

Boys Varsity Basketball vs. Monticello, main court, 7:30 p.m.

November 27

No School

November 28

Thanksgiving

No School

November 29

No School

November 30

Wrestling Varsity Scrimmage @ Monroe, 8:00 a.m.

December 2

JV Boys Basketball @ Durand, 6:00 p.m.

Varsity Wrestling Dual Parkview, 7:00 p.m.

Varsity Boys Basketball @ Durand, 7:30 p.m.

December 3

7th Grade Boys Basketball vs. Turner @ PES main gym, 4:00 p.m.

8th Grade Boys Basketball @ Turner, 4:00 p.m.

Girls JV Basketball vs. Palmyra @ Parkview, 6:00 p.m.

Girls Varsity Basketball vs. Palmyra @ Parkview, 7:15 p.m.

December 5

7th Grade Boys Basketball vs. Clinton @ PES main gym, 4:00 p.m.

8th Grade Boys Basketball @ Clinton, 4:00 p.m.

December 6

Early Release, students dismissed at 12:45 p.m.

Girls JV Basketball @ Deerfield, 6:00 p.m.

Boys JV2 Basketball @ Belleville, 6:00 p.m.

Boys JV Basketball @ Belleville, 6:00 p.m.

Girls Varsity Basketball @ Deerfield, 7:15 p.m.

Boys Varsity Basketball @ Belleville, 7:30 p.m.

December 7

Varsity Wrestling Tournament @ Black Hawk High School, 9:00 a.m.

November JR/SR High Lunch Menu

Monday, October 28	Tuesday, October 29	Wednesday, October 30	Thursday, October 31	Friday, November 1
CHICKEN NUGGETS W/ DIPPING SAUCE FRENCH FRIES BREADSTICK	BBQ PORK ON BUN BAKED BEANS TATER TOTS	TERIYAKI NOODLE BOWL BROCCOLI BREADSTICK FORTUNE COOKIE	Happy Halloween! Spooktacular Pizza CEASAR SIDE SALAD GARLIC TOAST CRUNCHY CARROTS & GRAPE TOMATOES HALLOWEEN TREAT	CHICKEN CORDON BLEU SANDWICH POTATO SMILES COLESLAW
—PIZZA DIPPERS W/ MARINARA	—MINI CORN DOGS	—HAMBURGER ON BUN		—CHEF'S CHOICE
Monday, November 4	Tuesday, November 5	Wednesday, November 6	Thursday, November 7	Friday, November 8
BBQ RIBLET ON A BUN CORN KALE SALAD SLICED PICKLES	NACHOS SUPREME CILANTRO LIME RICE SEASONED BLACK BEANS	CHICKEN NUGGETS SWEET & SOUR DIPPING SAUCE BROWN RICE SHELLED EDEMAME FORTUNE COOKIE	SALISBURY STEAK MASHED POTATOES STEAMED CARROTS DINNER ROLL	MONTE CRISTO SANDWICH (Ham, turkey, cheese on French toast) SWEET POTATO WEDGES WARM CINNAMON APPLES —CHEF'S CHOICE
—CHEESY ITALIAN FLAT-BREAD	--HOT HAM & CHEESE	—CHEESE QUESADILLA	—CHICKEN PATTY/BUN	
Monday, November 11	Tuesday, November 12	Wednesday, November 13	Thursday, November 14	Friday, November 15
BRAT ON BUN BAKED BEANS POTATO SALAD	SWEDISH MEATBALLS PASTA GREEN PEAS SLICED BREAD	SUPER SUB DORITOS BABY CARROTS	WISCONSIN CHILI LUNCH HOMEMADE CHILI GARLIC BREADSTICK CORN	PIZZA CEASAR SALAD GARLIC TOAST
—ITALIAN DUNKER W/			—HAMBURGER ON BUN	—CHEF'S CHOICE
Monday, November 18	Tuesday, November 19	Wednesday, November 20	Thursday, November 21	Friday, November 22
HOT DOG ON BUN PICKLE SPEAR COLESLAW	PIZZA BURGER OVEN ROASTED ZUCCHINI	<i>Holiday Meal</i> ROASTED TURKEY MASHED POTATOES STUFFING GREEN BEAN CASEROLE CRANBERRY SAUCE DINNER ROLL PUMPKIN PIE	MAC & CHEESE W/ HAM DINNER ROLL STEAMED BROCCOLI	GRILLED CHEESE TOMATO SOUP CHEDDAR GOLDFISH STEAMED BROCCOLI
—CHEESE QUESADILLA W/ SALSA	—BBQ PORK ON A BUN		—MINI CORN DOGS	—CHEF'S CHOICE
Monday, November 25	Tuesday, November 26	Wednesday, November 27	Thursday, November 28	Friday, November 29
NO SCHOOL	NO SCHOOL	NO SCHOOL	<i>Give Thanks! Happy Thanksgiving</i>	NO SCHOOL



Did You Know...

PUMPKINS

Pumpkin is high in vitamins A and C, which can help boost your immune system. Its supply of vitamin E, iron and folate may strengthen your immunity as well.

Pumpkins' high vitamin A, lutein and zeaxanthin contents may protect your eyes against sight loss, which becomes more common with age.

Pumpkin is very healthy and generally safe when eaten in moderation. Make sure to avoid pumpkin-based junk foods, as they are often packed with added sugar.

Pumpkin seeds are edible, nutritious and linked to numerous health benefits.

Breakfast Prices

Elementary- \$1.55
 JR/SR High- \$1.55
 Adult - \$2.25
 Milk - \$ 0.45
 *Reimbursable meals include fruit and/or vegetable and choice of milk.
 Menus subject to change without notice

Lunch Prices

Elementary - \$2.85
 JR/SR High - \$2.95
 Milk- \$ 0.45
 *Meals include entrée, fruit, vegetable and choice of milk. Students must take 3 of 5 meal components, including a fruit or vegetable.
 Menus subject to change without notice
 For Information regarding the school lunch program or catering opportunities, please contact
 Cari Venzke, Food Service Director
 cvenzke@email.parkview.k12.wi.us
 608-879-2994 Ext. 6123

Parkview School District Nondiscrimination Policy

The Parkview School District is committed to a policy of nondiscrimination in relation to race, religion, sex or sexual orientation, age, national origin, handicap, marital status, arrest, or conviction record, and other human difference. This policy will prevail in all matter concerning staff, students, the public, educational programs and services, and individuals with who the board does business. USDA is an equal opportunity provider and employer.

Parkview Scoop Foodservice Newsletter

By Cari Venzke, Food Service Director
 Here, five reasons why giving thanks is actually good for you. Counting blessings boosts your health. Emmons' and McCullough's research showed that grateful people had less depression and stress, lower blood pressure, more energy, and greater optimism. Slow down the aging clock. In older adults, Emmons and McCullough found, a daily practice of gratitude even slowed down some of the effects of neurodegeneration that often occurs as we age. Put the brakes on stress. Cortisol is often called the "stress hormone," and when our bodies produce too much, it can deplete the immune system and raise blood sugar levels. A study conducted at the Institute of HeartMath Research Center in California found that positive emotions like appreciation significantly lowered levels of cortisol. Being thankful helps you bond. Research by U.S. psychologists Sara Algoe and Baldwin Way indicates that gratitude also can lead to better relationships. The explanation may be connected to increased production of oxytocin, sometimes called the "bonding hormone" be

November Breakfast Menu

Monday, October 28	Tuesday, October 29	Wednesday, October 30	Thursday, October 31	Friday, November 1
PANCAKE ON A STICK	MINI CINNI	PRETZEL W/ CHEESE	BANANA BREAD	BREAKFAST PIZZA
FRUIT FRUIT JUICE	FRUIT FRUIT JUICE	FRUIT FRUIT JUICE	FRUIT FRUIT JUICE	FRUIT FRUIT JUICE
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK
Monday, November 4	Tuesday, November 5	Wednesday, November 6	Thursday, November 7	Friday, November 8
APPLE OR CHERRY FRUDEL FRUIT FRUIT JUICE	<u>National Donut Day</u> DONUT FRUIT FRUIT JUICE	BREKKIE FRUIT FRUIT JUICE	CEREAL BAR W/ YOGURT FRUIT FRUIT JUICE	BREAKFAST PIZZA FRUIT FRUIT JUICE
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK
Monday, November 11	Tuesday, November 12	Wednesday, November 13	Thursday, November 14	Friday, November 15
BISCUITS & GRAVY	MINI CINNI	PRETZEL W/ CHEESE	BANANA BREAD	BREAKFAST PIZZA
FRUIT FRUIT JUICE	FRUIT FRUIT JUICE	FRUIT FRUIT JUICE	FRUIT FRUIT JUICE	FRUIT FRUIT JUICE
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK
Monday, November 18	Tuesday, November 19	Wednesday, November 20	Thursday, November 21	Friday, November 22
APPLE OR CHERRY FRUDEL FRUIT FRUIT JUICE	BREKKIE FRUIT FRUIT JUICE	LONG JOHN/DONUT FRUIT FRUIT JUICE	CEREAL BAR W/ YOGURT FRUIT FRUIT JUICE	BREAKFAST PIZZA FRUIT FRUIT JUICE
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK
Monday, November 25	Tuesday, November 26	Wednesday, November 27	Thursday, November 28	Friday, November 29
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	<u>Always Available Options</u> Cereal w/ Giant Graham Cracker Or Muffin w/ String Cheese

PES November Lunch Menu—See page 11 for JR/SR High Lunch Menu

Monday, October 28	Tuesday, October 29	Wednesday, October 30	Thursday, October 31	Friday, November 1
CHICKEN NUGGETS W/ DIPPING SAUCE FRENCH FRIES BREADSTICK	BBQ PORK ON BUN BAKED BEANS TATER TOTS	TERIYAKI NOODLE BOWL BROCCOLI BREADSTICK FORTUNE COOKIE	Happy Halloween! Spooktacular Pizza CEASAR SIDE SALAD GARLIC TOAST CRUNCHY CARROTS & GRAPE TOMATOES HALLOWEEN TREAT	FISH STICKS POTATO SMILES COLELSAW
—PIZZA DIPPERS W/ MARINARA	—MINI CORN DOGS	—HAMBURGER ON BUN		—TURKEY SANDWICH
Monday, November 4	Tuesday, November 5	Wednesday, November 6	Thursday, November 7	Friday, November 8
BBQ RIBLET ON A BUN CORN KALE SALAD SLICED PICKLES	NACHOS SUPREME SPANISH RICE REFRIED BEANS	CHICKEN NUGGETS SWEET & SOUR DIPPING SAUCE BROWN RICE SHELLED EDEMAME FORTUNE COOKIE	SALISBURY STEAK MASHED POTATOES STEAMED CARROTS DINNER ROLL	FRENCH TOAST STICKS SWEET POTATO WEDGES WARM CINNAMON APPLES
--CHEESY ITALIAN FLAT-BREAD	--HOT HAM & CHEESE		—CHICKEN PATTY/BUN	
Monday, November 11	Tuesday, November 12	Wednesday, November 13	Thursday, November 14	Friday, November 15
BRAT ON BUN BAKED BEANS POTATO SALAD	SWEDISH MEATBALLS PASTA GREEN PEAS SLICED BREAD	SUPER SUB DORITOS BABY CARROTS	<u>WISCONSIN CHILI LUNCH</u> HOMEMADE CHILI GARLIC BREADSTICK CORN	PIZZA CEASAR SALAD GARLIC TOAST
—ITALIAN DUNKER W/			—HAMBURGER ON BUN	
Monday, November 18	Tuesday, November 19	Wednesday, November 20	Thursday, November 21	Friday, November 22
HOT DOG ON BUN PICKLE SPEAR COLESLAW	PIZZA BURGER OVEN ROASTED ZUCCHINI	<u>Holiday Meal</u> ROASTED TURKEY MASHED POTATOES STUFFING GREEN BEAN CASEROLE CRANBERRY SAUCE DINNER ROLL PIE	MAC & CHEESE W/ HAM DINNER ROLL STEAMED BROCCOLI	GRILLED CHEESE TOMATO SOUP CHEDDAR GOLDFISH STEAMED BROCCOLI
—CHEESE QUESADILLA W/ SALSA	—BBQ PORK ON A BUN		—MINI CORN DOGS	—HAM SANDWICH
Monday, November 25	Tuesday, November 26	Wednesday, November 27	Thursday, November 28	Friday, November 29
NO SCHOOL	NO SCHOOL	NO SCHOOL	<i>Give Thanks! Happy Thanksgiving</i>	NO SCHOOL

Continued from column 1

cause it fosters calm and security in relationships.

Gratefulness = good for the heart and waistline? According to research Emmons cites in his book Gratitude Works!, people with high blood pressure who actively express thankfulness "can achieve up to a 10 percent reduction in systolic blood pressure and decrease their dietary fat intake by up to 20 percent." With Thanksgiving and other food-centered holidays coming up next month, that's a potential benefit to be grateful for all year long.

*https://www.lifetothe fullest.abott/en/articles/why-giving-thanks-is-good.html